

An Educational Psychologist Comes to Our School



What is an Educational Psychologist (EP)?

An EP wants young people to enjoy and achieve within school.

They talk to young people, teachers, parents and other adults about school.

The EP may discuss what approaches help you learn, what you are good at and what things the teachers are doing to support you in school.



Why does an EP want to talk to me?

Your teacher has asked them for some advice.



An EP talks to many young people in different schools and supports and advises many teachers.

The EP will check whether you are happy to talk to them. Your contribution is very important.

Where will I see the EP?

Sometimes they will find somewhere quiet to talk to you in school or they may come into a classroom to see what lessons are like for you. Sometimes they may make a visit to your home.



What will happen when I see an EP?

They will talk with you about the things you enjoy, your strengths and any areas of learning that you would like to improve.

They may possibly talk to you about your future.

They may ask you what you have been trying to do to help yourself and what things you think might help you.



You can ask the EP any questions you have.

The EP will discuss your work and sometimes ask you to complete some activities and tasks for them. The EP wants to find out about and help you with:

**thinking and
remembering**

Feelings

learning and school work

SOLVING PROBLEMS

Getting on with other people

What will happen next?

The EP will talk to your teacher and other adults about ways to help you.

The things that you have discussed with the EP, and the ideas that adults have for helping you within school will be shared with your teachers. This is often in a written report, which your parents or carers will receive.



Your teachers, parents or carers will talk with you about things that will help you at school and will use the report to make a plan. The plan is called an Individual Education Plan.

The EP might come just once to talk to you but they might meet with you again to see if the plan is working.

The Educational Psychologist for

school

is

County Psychological Service, People Services