

AUTISM ASSESSMENT PATHWAY FOR CHILDREN AND YOUNG PEOPLE IN CUMBRIA

Concerns and/or questions raised that a child or young person **might be autistic**



Referred for assessment to Community Paediatrics

The referral could come from the child or young person's education setting or a health professional



Initial assessment

This could include **either or both** of the following:

- Initial assessment by a health practitioner
- Completion of a questionnaire by parents/carers and/or child/young person



Assessment

Each child and their needs are different, therefore **one, some or all** of the following may be required:

- Appointment(s) with a Community Paediatrician
- Arranging a Multi-Agency Assessment Team (known as MAAT)
 - Appointment(s) with a Speech and Language Therapist
 - Appointment(s) with an Occupational Therapist
- Visit(s) by an Educational Psychologist to the education setting
- Visit(s) by a Specialist Advisory Teacher to the education setting
- Completion of a questionnaire(s) by parents/carers and/or the child or young person
 - Completion of a questionnaire(s) by the education setting
- Visit(s) by a Speech and Language Therapist to the education setting
- Discussions between parents/carers and one, some or all the following: Educational Psychologist/Speech and Language Therapist/Occupational Therapist/Specialist Advisory Teacher
- Discussions between the education setting and one, some or all the following: Educational Psychologist/Speech and Language Therapist/Occupational Therapist/Specialist Advisory Teacher



Conclusion of Assessment

Parents/carers will get either a phone call, a letter or an appointment with a health practitioner stating the outcome of the assessment, which will be **one of the following**:

- **A diagnosis of Autism** (including signposting to further support)
- **No diagnosis of Autism** (including signposting to further support and/or referral for assessment for a different condition)
- **Keep under review** because it is unclear currently if the child/young person is autistic (including signposting to further support)